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Elsevier: Schleip: Fascia: The Tensional Network of the ...

Compiled by experts of international renown, Fascia: The Tensional Network of the Human Body brings together very different contributors who share the desire to bridge the gap between theory and practice as much as possible in our current knowledge of the human fascia. With contributions from over 100 specialists and researchers from throughout the world, this new volume will be ideal for all professionals who have an interest in fascia and human movement - physiotherapists, osteopathic ...

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1. Fascia should no longer be thought of as a simple supporting structure, but rather, now encompasses many types of connective tissue, many of which form a tensional network throughout the body; in which multiple structures are truly inextricably linked. 2. There is a rich proximity of sympathetic nerve fibers. 3.

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Fascia: The Tensional Network of the Human Body. The science and clinical applications in manual and movement therapy. Robert Schleip, Thomas W. Findley, Leon Chaitow, Peter Huijing. Year: